

Wait for the LORD PSALM 62

For God alone my soul waits in silence;
from him comes my salvation.
He alone is my rock and my salvation,
my fortress; I shall not be greatly shaken.

How long will all of you attack a man
to batter him,
like a leaning wall, a tottering fence?
They only plan to thrust him down from his high position.
They take pleasure in falsehood.
They bless with their mouths,
but inwardly they curse. Selah

For God alone, O my soul, wait in silence,
for my hope is from him.
He only is my rock and my salvation,
my fortress; I shall not be shaken.
On God rests my salvation and my glory;
my mighty rock, my refuge is God.

Trust in him at all times, O people;
pour out your heart before him;
God is a refuge for us. Selah

Those of low estate are but a breath;
those of high estate are a delusion;
in the balances they go up;
they are together lighter than a breath.

Put no trust in extortion;
set no vain hopes on robbery;
if riches increase, set not your heart on them.

Once God has spoken;
twice have I heard this:
that power belongs to God,
and that to you, O Lord, belongs steadfast love.
For you will render to a man
according to his work.

(Psalm 62)

1. Wait in silence for God (v. 1, 5)

Wait in silence instead of:

- Lashing out at enemies
- Complaining
- Panic

2. Pour out your heart before God (v.8)

- *What does it mean to "pour out your heart before God"?* It means emptying all the built up emotions in your heart before God.
- *How does this fit with the verse?* This is the counterpart to waiting in silence for God.
- *What does "pouring out your heart to God" look like?* It means acknowledging your complete dependence on Him.

3. Put your trust in God alone (v.8)

- “I am sure of this, that he who began a good work in you will bring it to completion at the day of Jesus Christ” (Philippians 1:6)

3. Put your trust in God alone (v.8)

- “As you have always obeyed, so now, not only as in my presence but much more in my absence, work out your own salvation with fear and trembling, for it is God who works in you, both to will and to work for his good pleasure” (Philippians 2:12-13)

3. Put your trust in God alone (v.8)

- “My sheep hear my voice, and I know them, and they follow me. I give them eternal life, and they will never perish, and no one will snatch them out of my hand. My Father, who has given them to me, is greater than all, and no one is able to snatch them out of the Father's hand.” (John 10:27-29)